

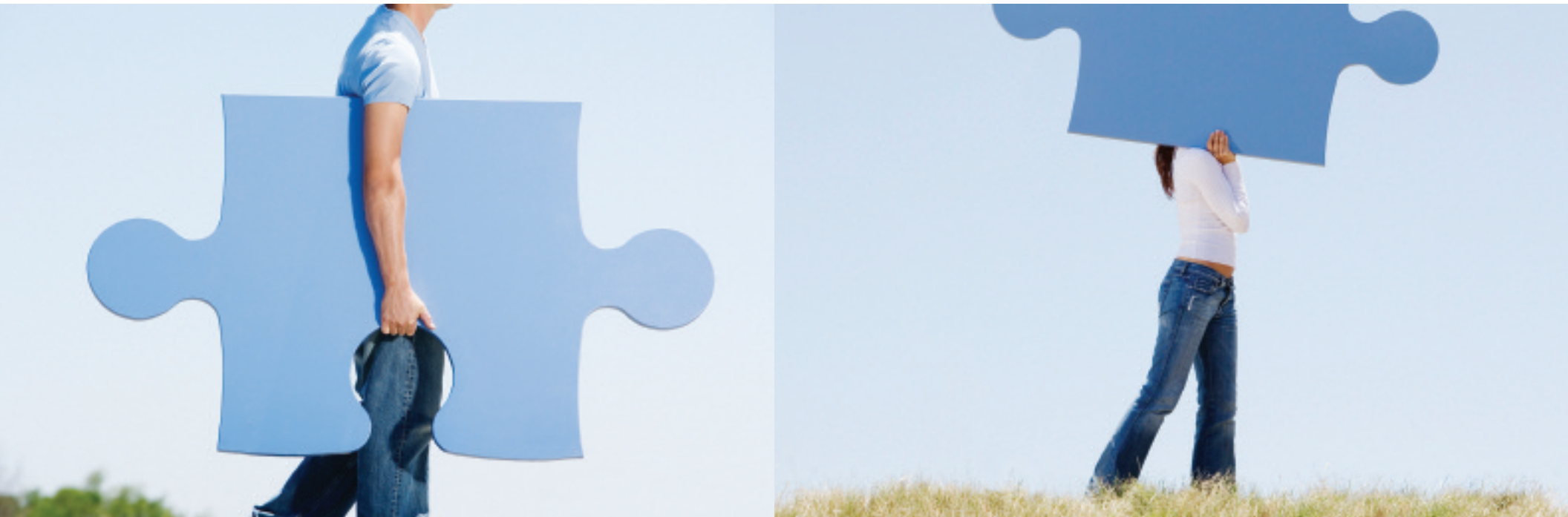


Stronger Families...Brighter Futures



Putting the Pieces Together...

Vista Hill Celebrates 50 Years of Service



... Helping Families Achieve Peace of Mind

1957-2007

Vista Hill's Half-Century of Success Can Be Measured in Lives Touched and Transformed

As Vista Hill celebrates its 50th anniversary, we look back at the remarkable impact this organization has had on the individuals and families who often had nowhere else to turn. The timeline on the pages to follow shows a vivid visual record of Vista Hill's contribution to the community throughout the years—great success helping families put the pieces of their lives back together.

But just how do we measure success at Vista Hill?

One measure is sheer longevity. Equipped with the forward-thinking vision its founders set forth in 1957, Vista Hill has demonstrated the stability, reliability, and commitment necessary to tackle the tough problems that so many other agencies are reluctant to address.

The most important measure is those whose lives have been touched and transformed by Vista Hill. The literally thousands of people of all ages, from communities large and small, both within and outside of San Diego County, who were overwhelmed with mental illness, substance abuse or developmental disabilities but who found healing and hope at Vista Hill.

From the joyful mom who got her children back after getting help to escape a nightmarish world of drugs, to the child with autism taught to speak for the first time, to the troubled teen who learned how to overcome behavioral problems and become a productive, contributing adult, to the shattered family put back together thanks to intensive therapy and counseling. There are hundreds if not thousands of success stories like these.


Harder to measure, but equally as crucial, is the success Vista Hill has had in *preventing* problems. Many of our programs include a built-in early intervention element that enables us to identify the

root cause of a given problem. In this way we can intervene before it takes hold. This strategy alone has saved vast expenditures of public money, avoided untold human suffering, and significantly improved the health of our community.

We also measure our success in the tireless and professional skill of the many Vista Hill employees, past and present, who have invested their careers—and really their lives—in providing the compassionate care that makes such a difference.

Finally, look at the philanthropic gifts we've received through the years from the passionate Vista Hill volunteers and donors who know and value what we do in the community. Our programs have captured their imagination and made them want to be part of this special organization. We thank each and every one of you for your support.

What challenges will Vista Hill face in the next 50 years? We can't predict the future, but we do know that Vista Hill will be there. We will tackle the toughest of those challenges with pride and courage so that we can continue our mission of creating stronger families and brighter futures. That will always be the true measure of our success


James S. Brown
Chairman of the Board


Robert Dean
President and CEO



Mission:

Measurable improvement in family functioning, independence, and behavioral health through high-quality programs focused on education, prevention, and early intervention.

Putting the Pieces Together: Vista Hill Through the Years

**Specific Vista Hill
historical milestones
appear in orange.**

key

**General historical
key moments
appear in red.**



1946

Congress passes the National Mental Health Act that leads to creation of the National Institute of Mental Health. The Hill-Burton Act is also passed to provide federal funding for hospital construction in the U.S.

1950

San Diegans needing care are sent to sanitariums, state facilities, or stay isolated at home.

1953

The National Mental Health Association casts the “bell of freedom.” The bell symbolizes freedom from stigma and the shackles of state institutions.





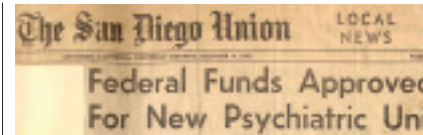
Vista Hill Psychiatric Foundation forms as a 501(c)(3) not-for-profit corporation. Robert Thorn (pictured), Wiley Curry, and Cy Dixon structure a plan to develop San Diego's first private accredited psychiatric hospital.



Vista Hill Hospital (Chula Vista) becomes San Diego's first licensed private psychiatric hospital (50 beds). The facility is donated by psychiatrist Elmer Peterson, M.D.



Douglas Young Clinic is established to treat the uninsured with psychiatric illness. Businessman Douglas Young serves early on as a Vista Hill board member.



A land lease negotiated with the San Diego Hospital Association (Sharp Memorial Hospital) is the eventual site for Mesa Vista Hospital. Mesa Vista Hospital is designed as a modern psychiatric hospital—redefining private care for San Diego. It eventually expands to 150 beds and becomes the largest private psychiatric hospital in San Diego.

Compton Foundation Hospital (Los Angeles) is purchased to provide inpatient psychiatric services.

1957

1962

1963

Elavil is reported in scientific journals as the first effective anti-depressant medication.

Ken Kesey publishes *One Flew Over the Cuckoo's Nest*.



President Kennedy signs the Community Mental Health Centers Act that mandates transition from large state hospitals to community settings.

"At about 18 months we realized that Patrick's social and verbal skills were not progressing as they should. We found out it was autism, and things went downhill from there. By the time we got to Stein Education Center, he was five years old with behavior problems so difficult that we didn't know where to turn. Some nine years later he is in a special-ed class in high school, and two periods a day he goes to regular classes. He is a changed young man, and we can't thank Stein Education Center enough."

Mary and George Venables, Patrick's parents

"I was 35 years old; I had dual diagnosis. It was in 1974 when psychiatric problems weren't as acceptable as they are now. I kept it a secret except from my husband and a couple of friends. It doesn't matter what your background is or how old you are. I was in a Vista Hill program with a concert pianist, an ex-nun, a young man who had long hair and played the guitar, and a tennis pro. We all helped each other. I thought I was going there for a rest... they kept us busy from seven in the morning until evening: medication, ceramics, exercise, groups, meals. It was quite an experience, and I'm very thankful to Vista Hill."

Philomena Hodap



Vista Hill Foundation adopts a stylized caduceus as a corporate logo. The letters "VHF" are incorporated into the design.



Vista Hill Foundation celebrates its 10-year anniversary. Facilities and clinics include Vista Hill Hospital, Mesa Vista Hospital, Compton Foundation Hospital, the Douglas Young Clinic, and the South Bay Guidance Center.



Under the direction of Robert Moore, M.D., Medical Director, Mesa Vista Hospital starts the first local private inpatient treatment program for alcoholism.

1965



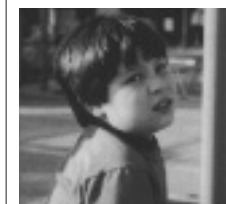
The Medicare and Medicaid bill is passed by Congress.

1967

The American Medical Association passes a resolution stating that "alcoholism is a disease that merits serious concerns..."

1969

Children with autism are legally excluded from attending public schools.



1970

FDA approves lithium carbonate to treat manic-depressive (bi-polar) illness. Lithium becomes an important part of successful treatment for adults with this illness.



1971



Los Ninos Remedial Center is established as a private school for children with autism. School takes place in the spare rooms at St. Luke's Episcopal Church. The small school evolves into the multi-site Sam and Rose Stein Education Center.

South Bay Guidance Center opens to provide outpatient mental health treatment based upon the client's ability to pay for services.

Vista Hill is contracted to operate county mental health services in Imperial County. Administrative services continue through 1976.

1972

1975



Congress enacts Public Law 94142 mandating that disabled children attend public schools to receive special education services. Every child is guaranteed a "free and appropriate public education."



Construction begins for a new Vista Hill Hospital campus in Chula Vista. The campus expands in phases to a total of 89 beds to serve children, teens, adults, and seniors in a growing South Bay community.



Vista Sandia Hospital, a 92-bed psychiatric hospital in Albuquerque, N.M., is purchased. Vista Sandia operates through 1988.



1979

National Alliance for the Mentally Ill is founded and becomes an effective advocacy group. The local San Diego chapter receives funding from Vista Hill to develop a referral line.

1980

The long-term effects of Fetal Alcohol Syndrome are widely published in scientific journals. This knowledge urges health providers to intervene early in pregnancy to prevent alcohol and drug-related birth defects and life-long disabilities.

1982

Former First Lady Betty Ford's recovery from breast cancer and chemical dependency becomes an inspiration to many. The Betty Ford Center later opens and the California legislature creates a special licensure category for chemical dependency facilities.





The first West Coast Cognitive Therapy Program is started at Mesa Vista Hospital under Raymond Fidaleo, M.D. Partial day and intensive outpatient services are added in later years.

Los Niños develops two group homes for children and adults with autism in east San Diego County.



Vista San Diego Center opens as a 30-bed adolescent residential treatment facility in Kearny Mesa. The long-term services extend the continuum of care for troubled teens following hospitalization.



Community Research Foundation (CRF) becomes Vista Hill Community Treatment Systems (VHCTS) in an affiliation with Vista Hill Foundation. In 1996, CRF resumes independent status to compete for county privatization contracts.

"My ex-wife had severe troubles from a surgery. She needed to recover, to learn to walk, and there was nothing I could do because I was working. Vista Hill [in partial day treatment] picked her up every day, helped her, and brought her home. I don't know what we'd have done without Vista Hill."

Robert Slack

"Stein Education Center is an oasis... a safe harbor... a child can go there, and a parent knows something good happens... my child is helped and can be a real citizen."

Ernie Perro, father of Ernie, Jr.



Vista Hill Executive Team (1986). Left to right: Greg Zinser, Ronald Fickle (CEO), Eugenie Newton, Robert A. Moore, M.D., and Dennis Senko.

Friends of Vista Hill fundraising entity is created to support programs and services.

1983

1985

1986

1987

A new generation of antidepressants called selective serotonin reuptake inhibitors is introduced. Prozac becomes one of the most widely prescribed medications in the U.S.



TONY: "I learned about my faults and will correct them to be a better father. Maybe this is part of the problem."

CHRISTINE: "We came to this class seeking some professional help. We've learned a lot from sharing in class from the experiences of other families."

RICHARD: "SAFIR got me through a tough part of my life. Now my family and I are on the right track. We dug into my family roots and solved some family conflicts in our lives."

Tony, Christine, and their son Richard

Vista Hill Foundation employs nearly 1,100 professional, direct care, and support staff.

Contracted psychiatric services are provided by Vista Hill to numerous military installations around California. Other managed inpatient psychiatric contracts take place in medical/surgical hospitals in several states.

Vista Pacifica, a 16-bed chemical dependency recovery hospital for adults, is established in Kearny Mesa. The project is jointly planned by management of Vista Hill and Vista Hill Community Treatment Systems.

The Vista Health Plan (VHP) is formed and assumes 140,000 enrollees from the Greater San Diego Health Plan. VHP eventually expands to 400,000 enrollees in specialty behavioral HMO products.

The first Vista Hill Fashion Show models pose for a photo opportunity. From left to right: Doctors Jay Flocks, Michael Plopper, Clark Smith, Fernando Kwiatkowski, and Alan Rabin. Front: Don Allen, CEO, Mesa Vista Hospital.



Sam and Rose Stein make a generous contribution that includes a \$500,000 endowment to Los Ninos Education Center. The facility is renamed the Sam & Rose Stein Education Center to honor the couple.

Vista Hill Hospital names its women's treatment program The Gayle McCandliss Center in memory of Chula Vista's first woman mayor.



Community services and school-based early intervention counseling begin in South Bay and expand to various locations throughout San Diego. Satellite day treatment programs are started around the county.

1988

1990

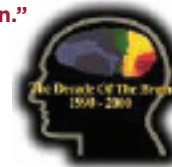
1991

1992

The Drug Free Workplace Act is enacted by Congress. First Lady Nancy Reagan's "Just Say No" youth drug prevention program is in full swing.

National concerns about rising health costs accelerate the development of managed care within the health insurance industry. The Department of Defense takes major steps to reform coverage for military dependents and retirees.

The National Institute of Mental Health declares the 1990s to be "Decade of the Brain."





ParentCare (La Mesa), a program funded by the Grossmont Healthcare District for drug-dependent women, becomes part of Vista Hill. Operating initially under Mesa Vista Hospital, it is renamed the Donald K. Allen ParentCare Family Recovery Center in 1999. ParentCare receives partial funding from the County of San Diego. Pictured: Jill and Josh Allen.

Market forces cause the closure of Vista Hill Hospital inpatient operations. Several day hospital clinics transfer to Mesa Vista Hospital to continue services.

The Vista Hill Hospital campus is modified to provide psychiatric emergency and residential care for children and teens through county contracts.

The Vista Hill Women's Council on Mental Health is established to raise awareness and reduce the stigma of mental illness.



Under the new name Supporting Adolescents and Families in Recovery (formerly PARTS), counseling and support groups occur in multiple locations around the county at no charge to participants. Annually, hundreds of drug-abusing teens and their parents find hope and support at SAFIR.

1993

1994

1995

1996

The American Psychiatric Association publishes the fourth revision of the Diagnostic and Statistical Manual for Mental Disorders. The first DSM was published in 1949.

Turmoil in American health care brings about major cost-containment efforts. Many hospitals merge within larger systems to survive and in some cases discontinue services altogether.

Connie's Closet thrift shop opens to benefit ParentCare. Three years later, in 2002, led by Darlyn and Chuck Davenport, Vista Hill and Senior Community Centers combine the operation to support both non-profits. Renamed the Windmill Thrift Shop in 2004, the endeavor is a great success.



Donor Connie Golden (far right) tours adult program with Liz McInnis, Ph.D., and Robert E. Dean

Juvenile Assessment & Monitoring (JAM) program operates for nearly five years as a County contract to work with court-referred youth with substance abuse. That same year, TOWER opens under a federal grant via Children's Mental Health Services to oversee troubled teens.



Stein Education Center expands to multiple sites for special education for students and training programs for adults. Students at the Chula Vista campus celebrate the Center's opening.



Vista Hill begins the transition from psychiatric hospitals and insurance services to a community-based service organization. The Vista Health Plan is sold to Green Spring Health Services in 1997. In 1998, Mesa Vista Hospital and Vista Pacifica transfer clinical operations to Sharp HealthCare in San Diego.

1997

The San Diego County Superior Court rolls out a major initiative entitled "Drug Court." The program emphasizes mandated drug abuse treatment, court supervision, and sanctions. Drug Court reduces incarceration, improves recovery options, and brings about reunification for children and parents.

1998

In California, mental health reform for children and adolescents includes the creation of "systems of care." Coordinated services ("wraparound") among various agencies are emphasized to improve outcomes for children and teens.

1999



A Lemon Grove apartment complex is acquired to create a sober living environment for ParentCare clients. The adjacent property is purchased for use as an activity center through a generous contribution from Audrey S. Geisel and the Dr. Seuss Fund of the San Diego Foundation. In 2006, Mrs. Geisel retires the apartment complex mortgage.



Vista Hill's Learning Assistance Center (LAC), partially funded by the County of San Diego, is awarded county contracts in numerous school districts. LAC begins providing school-based mental health treatment for students outside the customary clinic setting.



Bridges Service Center is established to provide outpatient mental health and substance abuse treatment to teens and families.

Bridges Early Intervention & Recovery Services begins with programs for teens and adults with substance abuse issues.



Vista Hill programs and services have treated, educated, or supported more than 150,000 people from 1957 to 2007.

"Never in our wildest dreams did we think we might have to cope with substance abuse in our family. But we did. It was the struggle of a lifetime, and with the help of Vista Hill, our family got through it. Thank you, Vista Hill."

Lael and Jay

2000 2001 2004 2005 2007 2007 2057

California legislature passes the Mental Health Parity Act. The legislation defines certain psychiatric conditions as biological disorders on the same scale as physical diseases.



The movie *A Beautiful Mind* wins multiple Academy Awards, including Best Picture. Book author Sylvia Nasar is featured speaker at a Vista Hill Women's Council on Mental Health event in 2003.

Mothers Against Drunk Driving celebrates 25 years of saving lives. MADD blazes a trail of effective national policy change. Annual alcohol-related traffic fatalities drop from an estimated 30,000 in 1980 to 17,000 in 2005.

Stay tuned for the next 50 years!

Vista Hill 50th Anniversary 1957-2007

Honorary Chairs

Audrey S. Geisel and
Darlene Marcos Shiley

Honorary Committee

Betty and Bob Beyster
Mary Alice and Ronald Brady
Bob Breitbard
Cheryl and Greg Cox
Bonnie Dumanis
Elaine and Murray Galinson
Laura Galinson
Connie K. Golden
Loretta and Tom Hom
Ingrid S. Hibben
Linda and Mel Katz
Dori and Charles Kaufman
Lois and Bill Kolender
Jay and Lael Kovtun
Melinda and James Lim
Elaine Lipinsky
Sheila and Jeffrey Lipinsky
Diane Martin
Rebecca and Mitch Mitchell
Virginia Napierskie
Helene and Ron Roberts
Rana Sampson and Jerry Sanders
Fern and Lee Siegel
Pam Slater-Price and Hershell Price
Sharon and Jerry Stein
Deborah Szekeley
Sally B. and John M. Thornton

50th Anniversary Steering Committee

James S. Brown
Mark Chenven, M.D.
Robert E. Dean
Mark Evans
Vicki Hamilton
Linda Jones
Ann Mound
Velma Netto
Belle Nunley
Beckie Van Houten



Vista Hill Senior Management

From left: Belle Nunley, Senior VP Finance/CFO; Mark Chenven, M.D., Senior VP Clinical Operations; Robert E. Dean, President/CEO; Velma Netto, VP Human Resources; Ann L. Mound, VP Development.

Vista Hill Board of Directors

James S. Brown, Chair
David F. Dunbar
Bruce L. Goodwin
Robert P. Graham
Linda L. Hirshberg, Ph.D.
James L. Rice, M.D.
John D. Robuck, M.D.
Cecil H. Steppe
John R. Wertz
Robert E. Dean, President/CEO

Friends of Vista Hill Board of Trustees

Vicki Hamilton, Chair
Lauren Abrams
Tom Allen
Dee Ammon
John Anewalt
Renée S. Bannasch
Carol Battaglia
Candace H. Berkman
Stephanie Bremond
Connie Conard
Valerie Cooper
Darlyn Davenport
Robert E. Dean
Heidi Dorman
Mark E. Evans
Robin Gitman
Richard B. Gulley
Carlee Harmonson
Enrique Hernandez-Pulido
Deborah Huffman
Dea Hurston
Margaret A. Jackson
Diane Keltner
Deborah McGinty-Poteet
Carol Powers
Susan Roth
Susan Tschirn, Ph.D.
Maggie Watkins
Ann L. Mound, Executive Director/
VP, Development

Friends of Vista Hill Advisory Board

Gayle Allen
Stephanie Bergsma
James E. Biddle
Howard Brotman
Barbara J. Brown
Charles E. Foster
Mariette Hartley
Warren Haviland
Kimberly Heller
Christopher Kennedy Lawford
Carol LeBeau
Harriet Lerner, Ph.D.
Suzanne Braun Levine
James Mulvaney, Sr.
Gracia Pick
Michael G. Plopper, M.D.
Theodore Roth
Junior Seau
Nancy Spector
Gregory Stein, M.D.
Kenneth G. Ulrich
Judy Williams
Matthew R. Zetumer, M.D.



Sheila, Elaine, and Jeffrey Lipinsky lead the 50th Anniversary Endowment Campaign by offering a matching gift opportunity: they later named the Lipinsky Family Therapeutic Learning Center at ParentCare.



Sam and Rose Stein, Vista Hill's largest donors, inspired many in the community to follow their lead, and the Stein family continues to support Vista Hill today.



Photo courtesy of Scripps Health

**Vista Hill
50th Anniversary
Honorary Chairs
Darlene Marcos Shiley
and Audrey S. Geisel**

Vista Hill's ParentCare Saves Patty's Life; Now She Helps Others Turn Theirs Around



When Patty Busse finally reached rock bottom, she feared that her life was over. Trapped in a nightmarish haze of alcohol and crystal meth addiction, Patty had lost her job, her children, and was homeless.

Yet Patty not only lived, she is thriving today thanks to Vista Hill's ParentCare program. ParentCare's skilled staff

showed Patty how to stay clean and sober while she learned the skills that enabled her to become a good parent.

"I know in my heart that ParentCare saved my life," Patty says. "Without them I would have gone back to abusing drugs and would have died. They provided loving but very strong and structured support that pulled me through no matter how many ups and downs. I loved the program so much I didn't want to leave when it was over."

As it turned out, Patty didn't leave. After completing the program, she

became a ParentCare volunteer while she went back to school to become a chemical dependency counselor. Today she serves as a case manager and supervises ParentCare's Sober Living Apartments' "Alumni Group."

"I couldn't be happier," Patty smiles. "I've got my family back, and I've got a great job where I can help women who are going through exactly what I went through. I will always be grateful to ParentCare for the wonderful life they have given me."



Vista Hill
Stronger Families...Brighter Futures
Since 1957

8787 Complex Drive, Suite 200
San Diego, CA 92123
858.514.5151

Vista Hill Community Impact Public Sector Partnerships

Vista Hill is able to help thousands of San Diego County families thanks to the supportive relationships with our public sector partners. These include:

Special Education Local Plan Area Directors and numerous school districts in the County, including Escondido Union and Chula Vista Elementary

County of San Diego Health and Human Services Agency, Departments of Alcohol and Drug Services, Children's Mental Health Services, and Child Welfare Services

San Diego County Department of Probation Superior Court, Juvenile Division

San Diego Regional Center for the Developmentally Disabled

Vista Hill Programs

Special Education & Training (Developmental Disabilities)

- Stein Education Centers
- Education Programs
- After-School Recreation Program
- Adult Services

Family Recovery Programs (Substance Abuse)

- Don Allen ParentCare Family Recovery Center
- Vista Hill Apartments and Geisel Activity Center
- SAFIR (Supporting Adolescents and Families in Recovery)
- Bridges Early Intervention and Recovery Programs
- Bridges Service Center Intensive Outpatient Program

Family Support & Treatment Programs (Mental Health)

- Learning Assistance Center

Community Service Programs

- On Track
- SAFIR (Supporting Adolescents and Families in Recovery)
- Parenting Skills
- Changes
- B-4
- Bridges Service Center Intensive Outpatient Program
- Special Needs

Vista Hill Supporters

Vista Hill has made a positive impact in San Diego County for the past 50 years with the support and generosity of many individuals, foundations, corporations, and organizations who have given of their time, talent, and financial resources. We salute you all!

Vista Hill Community Impact Leaders 1957 - Present *Cumulative Giving*

Making an impact...
leading the way... for 50 years.

Leadership Circle (\$500,000+)

Audrey S. Geisel/
Dr. Seuss Fund 🏡
Fanya Jackson
Sam* and Rose* Stein and Family
Arthur* and Elizabeth* Wollrich

Founder's Circle (\$200,000+)

Alliance Healthcare Foundation
Marian Parker Graves
Hasbro Children's Foundation
Lipinsky Family Foundation/
Elaine Lipinsky; Jeffrey and
Sheila Lipinsky
Diane and D. James* Martin
Rivkin Family Foundation
Weingart-Price Fund 🏡

Golden Circle (\$100,000+)

Renée S. Bannasch
James S. and
Marilyn Creson Brown
The Country Friends
Grossmont Healthcare District
Vicki Hamilton/Crown Point
Catering/The Edwards
Foundation
Kimberly Heller
Frank Neuberger*
Parker Foundation
Irene* and Pierre* Poize
Junior Seau Foundation
Donald and
Darlene Marcos Shiley
James M. Simmons
Irvin Stern Foundation
United Way of
San Diego County
Weingart Foundation

Benefactor's Circle (\$25,000+)

Thomas C. Ackerman
Foundation
Gayle and Tom Allen
Dee and Jon Ammon
Anthony* Anewalt
Herbert L. &
Marcella Beckett Fund
Helen E. Beckman*
Betty and Bob Beyster/
Beyster Family Foundation
Mary Alice and Ronald Brady
Howard and Lucille* Brotman
Barbara J. Brown
Edyth Bush Charitable
Foundation
California Community Founda-
tion Wildfire Relief Fund
California Wellness Foundation
Child Abuse Prevention
Foundation
City National Bank
Helen K. and James S. Copley
Foundation
Ilse, Charles, and Peter
Dalebrook Fund
Darlyn and Chuck Davenport
Mark-Aaron Realtors/Bob and
Laura Duggan/Marc and
Maureen Duggan
Doug Flutie Jr. Foundation
for Autism
Samuel French, III & Katherine
Weaver French Fund
Georges & Germaine Fusenot
Charity Fund
Galinson Family Foundation
of the Jewish Community
Foundation
Connie K. Golden
Cheryl and Howard Hassman
Betsy and Warren Haviland
Ingrid S. Hibben
The James Irvine Foundation
Margaret A. Jackson and
Neil Hadfield
Kearny Mesa/Old Mission Rotary,
Art Pratt Memorial Fund
Las Patronas
The Lebensfeld Foundation

Marsh Risk and Insurance
Services
Linda C. Marteeny
Maurice J. Masserini
Charitable Trust
McCarthy Family Foundation
Ronald McDonald House
Charities
Mercedes-Benz USA
Philip Morris Company
Virginia and Glenn* Napierskie/
Connie and Phil Conard
Northern Trust
Debra McGinty-Poteet and
Larry Poteet
Art & Jeanette Pratt
Memorial Fund
The Thursday Club
John D Robuck, M.D.
San Diego County Children
& Families Commission
Yvette and William F.* Scandling/
The Scandling Family
Foundation
SDG&E
SDG&E Contrib Club
Sharp Mesa Vista Hospital
St. Germaine Children's Charity
C.J. & Dot Stafford
Memorial Trust
Irvin Stern Foundation
San Diego Foundation
San Diego Foundation's
San Diego Fire Relief Fund
San Diego National Bank
Cynthia M. Shott
Irving and Anne Siegle
James M. Simmons
Barbie and Dan Spinazzola
Susan and Darryl Tschirn
Union Bank of California
Foundation
Mandell Weiss Charitable Trust
Windmill Thrift Shop
Matthew Zetumer, M.D. and
Lynn Corrin, M.D.

Associates and Special Friends

October 1, 2005 through
September 30, 2006

Current Giving

Deepest gratitude to each of
you. We know you have many
philanthropic options, and we
are thankful you have chosen
Vista Hill.

Chairman's Circle (\$10,000+)

Thomas C. Ackerman
Foundation
Dee and Jon Ammon
Renée S. Bannasch
Mary Alice and Ronald Brady
James S. and
Marilyn Creson Brown
Children's Action Society
Ilse, Charles, and Peter
Dalebrook Fund
Samuel H. French, III &
Katherine Weaver French Fund
Georges & Germaine Fusenot
Charity Foundation
Audrey S. Geisel/
Dr. Seuss Fund 🏡
Grossmont Healthcare District
Ingrid S. Hibben
Margaret A. Jackson and
Neil Hadfield
Lebensfeld Foundation
The Lipinsky Family Foundation/
Elaine Lipinsky/Jeffrey and
Sheila Lipinsky
Maurice J. Masserini
Charitable Trust
McCarthy Family Foundation
National Foundation for Autism
Research (NFAR)
Art Pratt Foundation of
Old Mission Rotary Club
Junior Seau Foundation
Donald and
Darlene Marcos Shiley
Sam and Rose Stein and Family
United Way of San Diego County
Weingart Foundation
Weingart-Price Fund
Windmill Thrift Shop

President's Circle (\$5,000+)

Betty and Bob Beyster/Beyster
Family Foundation
Charles & Ruth Billingsley
Foundation
CW Cares for Kids Fund,
A Fund of McCormick
Tribune Foundation
Judy and Lou Ferrero/Conseco
Global Investments
Vicki Hamilton/Crown Point
Catering/The Edwards
Foundation
Kimberly Heller
Diane M. Martin
Virginia and Glenn* Napierskie
Panta Rhea Foundation
Jeanne and Theodore Roth
Barbie and Dan Spinazzola
St. Germaine Children's Charity
William & Ruth Tippet
Foundation
Union Bank of California
Foundation
Susan Wais
Mandell Weiss Charitable Trust

Director's Circle (\$1,000+)
Lauren and Jeffrey Abrams, M.D.
Jill I. Allen
Lori and John Anewalt
Anonymous
Rusti Bartell-Weiss
Candace Berkman
Ginger and Ron Blair
Betty J. Bloomberg
The Brady Companies
Stephanie Bremond and
Nicholas Gascoigne
Sallie and William Brownlow
and Brownlow Enterprises
Canterbury Consulting
Certified Family Law Specialists
Chandler Asset Management, Inc.
Susan and Mark Chenven, M.D.
Coastal Community Foundation
Connie and Phil Conard
Helen K. & James S. Copley
Foundation
Javier Correa
Shelley Correa
Judy and Leslie M. Crouch
Dorothy and Anthony Dain
Elizabeth and Robert E. Dean
Charles Delgado
Heidi Dorman
Barbara and David F. Dunbar
Alice and Mark Evans
The Thomas J. and Theodora
Lynch Fleming Foundation

Alicia and Charles Foster
Laura Galinson
Robin and Larry Gitman
Hanna and Mark Gleiberman
Madeline L. Goldberg*
Connie K. Golden
Chris Gommel
Barbara and Robert P. Graham
Tori and Richard B. Gulley
Lael and Jay Kovtun
Eileen Haag and Ira Lechner
Cherie L. Halladay
Linda and Jerry Hirshberg
Andrea and Brent Howard, M.D.
Deborah L. Huffman
Dea and Osborn Hurston
Marjory B. Kaplan
Barbara and Neil Kjos
Las Primeras
The Levien Foundation
Louise and Jerry Litwack
Jeffrey Lubin
Lynelle and William Lynch
Linda C. Marteeny
Peggy Matthews
Angela A. Mickelson
MMC Matching Gifts to
Education Program
Moss Adams LLP
Ann L. Mound
Anonymous
Debra McGinty-Poteet and
Larry Poteet
Carol and Phil Powers
Arthur & Jeanette Pratt
Memorial Fund
Claudia and Jim Prescott
Wendi and Craig Ramseyer
Mary and James L. Rice, M.D.
Mary Lee and
Harry L. Roberts, M.D.
John D Robuck, M.D.
Susan Roth
Carol and John Sachs
San Diego Chargers
San Diego County Credit Union
Annie D. Sawert Estate
SDG&E
Fern and Lee Siegel
Evelyn and Cecil H. Steppe
Maggie and Bob Watkins
WD-40 Company
Sheryl and Harvey White
Karen and Douglas Yingling
Matthew Zetumer, M.D. and
Lynn Corrin, M.D.

(over)

Guarantors (\$500+)

Mary Beth Adderley and Richard Wright
Albertsons
Alliance Bernstein Global Wealth Management
Bank of America Foundation
Rafaela and John Belanich
Mary Margaret and John K. Brown
John Burnham Insurance Services
Opal. L. Campbell
Toby and Howard Cohen
Barbara M. Cru
Elizabeth del Pozo
Kate Evans
Adelyn B. Firtel
Mary Ann and Arnold Ginnow
The Gold Diggers
Thania and Tom Griffiths
Alan and Nora T. Jaffe
Julie and John McNutt
Monday Lunch Bunch
Judy and Allen Moffson
Harle Montgomery
Susanne Oken
Joyce and Jere Oren
Felix Pangelinan
Brigit Pitcairn
John Rauch
San Diego National Bank
Hermeen and Sam Scharaga
Sharp Mesa Vista Hospital
Gregory Stein, M.D.
Evelyn and Cecil Steppe
Susan and Darryl Tschirn
Wateridge Insurance Services
Barbara Whitesides
Ellen Zinn

Patrons (\$250+)

Linda Ardell
Linnea and Frank Arrington
Sam Assael
Judith O. Belinsky
Nicholas Binkley
Barbara J. Brown
Mary-Kay Butler
Kimberly Butterwick, M.D.
Jerry M. Cannon
Sharon Collins
Gigi and Ed Cramer
Margaret and Robert Fischer
Karen Gilbert
Ann and David Hall
Ronald Hansen
Salah M. Hassanein

Patricia Hayward
Home Depot
Betty Civardi Dunn
Linda Howard
Helene Kruger
Richard C. Levi
Karen Macbeth
Lee Maturo
Rae and Frank Merhar
Carol McAvoy
Barbara McClue
Elizabeth and Titus McInnis
Cheryl McRoberts
Arlene Pollard
Michael Plopper, M.D.
QUALCOMM, Inc.
Mary Lou Sanford
David Savage
Clifford Schireson
Judith Shragge
Jayne Schultz
Maggie and Sidney Silverman
Jacqueline M. Skay
Kathy and Clark Smith, M.D.
Stat Radiology
Joan K. Stein
Mickey Stern
Marilyn Johns and Peter Stovin
Fiona Tudor
Mary and George Venables
Washington Mutual
Eugena L. Welch
Cheri and Greg Zinser
Barbara Zobell

Ambassadors (\$100+)

Helen and Charles Alexander
Charlotte and Keith M. Allen
Gayle and Tom Allen
David C. Anderson
John Barrow
Sharon Barton
Millie Basden-Thomas
Andrea Bazer
Judith Bean
Pat Beckman
Karlene Bergold
Blanchard for Others
Tamaran and Ron Burbank
Lynn and Michael Bruser
Robert and Carolyn Burton
Linda Canada
Paula Caramela
Carol Carlisle
Alice M. Casper
Jennifer Colosimo
Linda Costello
Jean M. Crowder
Marjorie Derezin
Dale J. Downs

Pierette and R.W.
Duckworth-Ford
Maureen and Marc Duggan
Randi Feinberg
Pino Ficara
Susan Fielder
The Fisher Family Fund of the Jewish Community Foundation
Tom Forsyth
Raymond Francisco
Richard Francisco
Allan Freid
Ronne Froman
Cynthia Garcia
Joanne Garcia
Deborah and John Giaquinta
David M. Gill
Bonnie and Sherwin Gillman, M.D.
Mary Ann and Arnold Ginnow
Leslie Gollub
Randolph Gondek
Jean and Herman Gordon
Daniel Gross
R. Elaine Hanson
Leigh Hartman
Lynn and Stephen Heidel, M.D.
Kathy Hoffman
Horacek Family
Carl T. Hulle
Frances G. Hunter
Jerilyn S. Jones
Julie A. Jones
Ellen Kane
Katherine Kaufman
Diane and Bill Keltner
Cheryl Kevane
Lois and William B. Kolender
Patricia Krohn
Laberinto Family
Daren Lipinsky
Luth Research Inc.
Susan and Andrew Mason
Linda M. Miller
Terry Miller
James F. Mulvaney, Jr.
Nancy and Mark Mumford
Mary Jo Murphy
Laura Nieusma
Paulette and Tim O'Shea
Rachel Paulin
Herman Peniche
Yuvito and Dee Dee Perera
Dee and Ernest Pero
Allison A. Pico
Judy and Byron Pollock

Janet and Bob Prael
Elias Raid
Andy Ratner
Jan Reital
Cathy Richman
Lizbeth Rivera Santana
Nancy Rohland-Heinrich
Richard Rovsek
Amy Rypins
Margy Salzberg
Karen Sanchez
Brenda H. Schulman
Wallace Seebold
Astrid Shannon
Elaine Shaw
Marylin and Joseph Silverman
Robert A. Slack
Judy Smilor
Valerie Smith
Jason Soetaert
Terri and Roland Soule
Jane and Jerry Spahn
Nancy Spector
Bob Stefanko
Alice I. Thomas
Donielle Sullivan
Susan Sytne
Marye F. Taylor
Robert Tidmore
Sarah Tudor
Gala Vaisberg
Jerome VanAmburg
Laurette Verbinski
Sharon Wax
Patricia S. Winter
Diane and Robert Zepps

Women's Council on Mental Health Lifetime Members

Gail Andrade
Renée S. Bannasch
Betty Beyster
Audrey S. Geisel
Lynn P. Hart-Muto
La Jolla Spa MD
Diane M. Martin
Jane McCarthy
Virginia Napierskie
Esther Coit - Patera, Inc.
Darlene Marcos Shiley

Heritage Society Members Endowment/Estate Planning Gifts

Donald K.* and Jill Allen
Anthony Anewalt*
Anonymous
Renée S. Bannasch
Karen A. Bassett
Helen E. Beckman*
Joan E. Bowes
Mary Alice and Ronald Brady
Althea Brimm
Howard and Lucille* Brotman
Barbara J. Brown
James S. Brown
Lynn Bruser
John W. Carlson
F. Arthur Chapman
Charles and Darlyn Davenport
Bernard and Magda Dorman
Monroe and Doris Eisenberg
Colleen and Gerald A. Engle
Thomas C. Frank
Marian Parker Graves*
Ida and Finn Gulbrandsen
Betsy and Warren Haviland
Kimberly Heller
Linda Hirshberg, Ph.D.
Deborah L. Huffman
Fanya Jackson
The Lipinsky Family Foundation
Harry J. Lloyd
Diane M. Martin
Michael McCoy
Debra McGinty-Poteet
Ralph McKinnie
Angela A. Mickelson
Harle Montgomery
Teresa and Kenneth Mueller
Frank Neuberger*
Susanne Oken
Melody L. Padgett
Francis D. Parker* - Linda Parker
Janet A. and Charles G. Peter

Joan L. Peterson
Pierre and Irene Poize*
Jacqueline Range
James L. Rice, M.D.
H. Michael Roark, M.D.
John D Robuck, M.D.
Linda K. Sanders
Anne D. Sawert*
William* & Yvette Scandling
Juliet and Stanley R. Schoen
Margot Shott
Anne and Irving Sigel
James M. Simmons*
Sam and Rose Stein*
Cecil H. Steppe
Marguerite R. Strand
Alice and Marvin Thompson
Susan Wais
Maggie Watkins
Margaret Whittemore
Elizabeth and Arthur E. Wollrich*
Matthew R. Zetumer, M.D.
Greg and Cheri Zinser

Space limitations do not allow us to name all donors, but we hope you know that we appreciate every one of you and every dollar you contribute.

If you notice errors, please accept our sincere apology; and please call 858.514.5151 to let us know. Thank you.

* Indicates donor is deceased.

Vista Hill

Combined Statement of Financial Position

The financial information in this report represents a condensed version of the fiscal year 2004-2005 audited financial statements. A complete set of the audited financial statements, with accompanying notes and report from Moss Adams LLP, is available at Vista Hill's main office.

ASSETS		At September 30, 2005 (in 000s)
Current Assets		
Cash and Cash Equivalents	\$	964
Accounts Receivable		2,065
Other Current Assets		564
Total Current Assets		3,593
Investments		
		8,138
Property, Plant and Equipment		8,529
Endowment and Deferred Giving Assets		1,245
Other Assets		1,233
Total Assets		\$ 22,738
LIABILITIES AND NET ASSETS		
Current Liabilities		
Accounts Payable	\$	283
Accrued Expenses		891
Total Current Liabilities		1,174
Mortgage Payable		
		2,605
Total Liabilities		3,779
Net Assets		
Unrestricted		17,012
Temporary Restricted		1,184
Permanently Restricted		763
Total Net Assets		18,959
Total Liabilities and Net Assets		\$ 22,738

Recent Year-End Results

Vista Hill Measurable Outcomes

Vista Hill has been measuring outcomes since 1999, utilizing the expert consultation of William Sieber, Ph.D. and the UCSD Health Outcomes Assessment Program. Results from each of the major objectives for Vista Hill programs are tabulated and distributed on an annual or semi-annual basis. They are analyzed for trends and used for service enhancements, ongoing quality improvement efforts, and for providing funders with concrete results of their support.

SAFIR (Supporting Adolescents and Families in Recovery)

- Both teens and parents reported significantly decreased problems with teen substance abuse, according to results of a standardized screening inventory.

Stein Education Center (special education for developmentally disabled children & teens)

- 92.4% of students met or made progress toward their individual academic goals.
- 89.5% of students met or made progress toward their individual behavioral goals.
- 87.5% of students who were discharged from the Stein Education Center successfully transitioned to a *less restrictive* level of care.
- 98.8% of program satisfaction ratings by parents/care providers were “good” or “excellent.”

Learning Assistance Center (school-based mental health treatment for children & youth)

- Compared to grade point average (GPA) at intake, 75.9% of 58 students with GPAs below 2.5 showed improvement in academic grades at six months.
- Compared to baseline measures at intake, 78.8% of 245 students demonstrated behavioral improvement *within the community*, 79.3% demonstrated behavioral improvement *in the family home*, and 77.5% demonstrated improvement in problem behaviors *at school*.

ParentCare (substance abuse treatment and parenting skills training for mothers)

- 100% of babies born to ParentCare mothers were *toxin-free at birth*.
- Only 35% of clients entering the program had a regular job, while 100% of clients were either *employed or participating in a job training class* upon program completion.
- At program entry, 76% of women reported drug/alcohol use within the past 90 days. Upon discharge, 14% of those who exited for any reason, and 0% of those who were successfully discharged, reported drug/alcohol use within the past 90 days.
- From intake to 6 months into the program, on average, participants dropped from the 65th percentile to the 43rd percentile on the Parenting Stress Inventory. (Note: a percentile score of 50 is average for the general population, and lower scores indicate better family functioning and lower risk.)

Therapeutic Learning Center (ParentCare’s on-site specialized childcare and pre-school for “high risk” children ages birth to 5)

- After one year in the program, children moved, on average, from below to above average on a standardized developmental survey of social and behavioral competence.
- Gains made in the program were shown to be maintained for at least two years, demonstrating lasting effects.